

# Bach Festival Society

OF WINTER PARK  
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ARTISTIC DIRECTOR AND CONDUCTOR

## FreshSTARTs Program

### Myths, Legends and Fables

**Appropriate for:** Grades 3 - 5

**Materials needed:** Microphone if more than 100 students

#### This program meets the following Sunshine State Standards:

MU.A.1.2 Students sing Patriotic song and understand its meaning  
MU.C.1.2 Students learn about instruments from different cultures  
MU.D.1.2 Students learn about musical families and the science of sound  
MU.E. 1.2 Students learn about music and history  
MU.E.1.2 Students learn about concert artist and concert vocabulary  
TH.C.1.2 Students learn how different cultures are expressed in film  
MA.A.3.2 Students select correct operation to solve mathematical problem  
SS.B.1.2 Students learn about geographic location and time differences  
SC.A.1.2 Students learn that objects can be changed by temperature  
SC.H.1.2 Students learn scientific method of observation and analysis  
LA.C.1.2 Students speak clearly, responding to questions  
LA.E.1.2 Students distinguish between fiction and nonfiction and various types of stories

#### Objectives:

Students will know that the flute is a woodwind instrument, that the materials with which instruments are made help to determine their sound and that music and drama help us understand characters and plots in stories. Students will be able to determine whether a story is a myth, legend or fable. They will be able to talk about the music and stories associated with each type of literature. They will know a myth about Pan Pipes, a legend about a Native American flute, and the difference between a fife and piccolo. They will understand the meaning of a song they have sung and heard since childhood, Yankee Doodle, and will be able to report when and why it was sung.

#### Connections to Learning:

This arts activity connects naturally to reading and story. Science is made exciting by the difference the materials make in creating the sounds of the various instruments. Students are intrigued by the sounds and how the instruments are blown to create their sound. Social studies becomes exciting as students travel around the world with the artist's personal stories of her travel and from the places found in the stories she tells and the origin of the various flutes she shows the students. Students also have fun with math as they learn of time zones and travel around the world.

### **Program Experience:**

Entertainment: Students are delighted by the sounds of a golden flute from the back of the room.  
Exposure: Students remain engaged as they learn of the artist's incredible instruments and world travels.

Affirmation and stretch of knowledge: Students discover together through a demonstration that each person is writing a story and that stories and learning are the foundations that they will use to write their own life stories.

Students love hearing music they know (William Tell Overture) and finding out about the legendary figure behind the music and story. They discover that courage, preparation and determination are part of the story. Students enjoy discovering that the familiar story of Pocahontas is also a legend and are intrigued by the sounds and stories of the Native American flute. Finally, students are introduced to the myth of Pan and Syrinx (Pan resembles another character they know from the Lion, Witch and Wardrobe) and the fable of The Wizard and Oz.

### **Additional Materials:**

Using the website, find out about flutes from various periods of history and various geographical locations.

Using the library, read stories the story of William Tell and other legends such as Robin Hood or the Pied Piper. Find myths that would be of interest to students such as those of Poseidon, Heracles and Athena and their Roman counterparts.

### **Reflection/Follow-up Activities:**

How did the music help to make the story interesting? How did music help to tell the story?

Students can review the criteria of each type of story and either individually or in groups write a story that is either a myth, legend, or fable.

Students can talk about the period of history suggested by the stories. What other myths were told in ancient Greece? What did people wear? Where were the stories told? Were they spoken or acted?

In what time did William Tell live? Was it the same time as Robin Hood?

Was the flute played during this time or was it a recorder?

### **Assessment:**

Teachers can observe students' understanding by their participation throughout the program.

Teachers can also use the FCAT style Inventory of Learning provided by the artist. Students can choose stories from each of the categories and create skits similar to those used by the artist.

Students can choose a piece of music associated with a story they love and describe how the music helps to tell the story either in a presentation or in a writing activity.